Fun Facts About May

Some Native American tribes called the May full moon The Full Flower Moon, The Corn Planting Moon or the Milk Moon.

The Anglo Saxon word for May was Tri-Milchi meaning 3 milks because the grass had become so lush and green that you could milk the cows three times a day.

To maintain a youthful appearance and enhance your beauty, wash your face in the dew you collect on the morning of the first of May.

- Marry in May, you'll rue the day.
- Wash a blanket in May, you'll wash a dear one away
- A cold May is kindly and fills the barn finely.
- Mist in May and heat in June makes harvest come right soon.

Once the tallest building in the world and currently the fifth tallest building in the United States, the Empire State Building opened for all on May 1, 1931. This 443 meter tall building held the honor of being the tallest building of the USA until the World Trade Center was completed in 1973. After the WTC attacks on 09/11/2001, the Empire State Building was temporarily the tallest but in 2014, One World Trade Center opened at a symbolic 1,776 feet.

Choice of Fruit: Choice of Milk: (may select two); Granny 1% Lowfat Milk Smith Green Apple, Oranges, FF Chocolate Milk Banana, Red Delicious Apple, FF Strawberry Milk Baby Carrots, Raisins, Crai-(when available) sins. Apple or Orange Juice (when available) Monday, May 3 Tuesday, May 4 Wednesday, May 5 Thursday, May 6 Orange Chicken Rice Bowl Crunch Wrap Cheese or Pepperoni Pizza Shredded Pork Tacos Steamed Broccoli Daily Veggie Tater Tots Fresh Salsa, sour cream Daily Fruit, Juice & Milk Daily Fruit, Juice & Milk Daily Fruit, Juice & Milk Spanish Rice Daily Fruit, Juice & Milk Tuesday, May 11 Wednesday, May 12 Thursday, May 13 Monday, May 10 Breakfast Wrap Pulled Pork Baked Potato Teriyaki Chicken Rice Cheese or Pepperoni Pizza Daily Fruit, Juice & Milk Daily Veggie Bowl Tater Tots Daily Fruit, Juice & Milk Steamed Broccoli Daily Fruit, Juice & Milk Daily Fruit, Juice & Milk

Hotline Menu for May 2021

d held USA in , the allest ed at	Monday, May 17 Chef's Choice Daily Fruit, Juice & Milk	Tuesday, May 18 Chef's Choice Daily Fruit, Juice & Milk	Wednesday, May 19 Chef's Choice Daily Fruit, Juice & Milk	Thursday, May 20 Last Day of School	Friday, May 21	
I	<i>This institution is an equal opportunity provider and employer</i> AFUHSD Food Service Department is providing a variety of meal service during the 20/21 SY.					

May

- National Celiac Disease Awareness Month
- National Foster Care Month
- National Barbecue Month
- National Bike Month
 Menu subject to change

<u>Students/Families can only participate in 1 program</u>. RTL 5 day meal box pick-up each Wednesday OR

Blue Bird Eats delivery each Wednesday

Canyon View High School

Friday, May 7

Variety of Costco Pizza

Daily Fruit, Juice & Milk

Friday, May 14

Variety of Costco Pizza

Daily Fruit, Juice & Milk

Green Salad or

Broccoli

Green Salad or

Broccoli

Fun Facts About May

Value Meal Menu for May 2021

Canyon View High School

Some Native American tribes called the May full	
moon The Full Flower Moon, The Corn Planting	
Moon or the Milk Moon.	

The Anglo Saxon word for May was Tri-Milchi meaning 3 milks because the grass had become so lush and green that you could milk the cows three times a day.

To maintain a youthful appearance and enhance your beauty, wash your face in the dew you collect on the morning of the first of May.

- Marry in May, you'll rue the day.
- Wash a blanket in May, you'll wash a dear one away
- A cold May is kindly and fills the barn finely.
- Mist in May and heat in June makes harvest come right soon.

Once the tallest building in the world and currently the fifth tallest building in the United States, the Empire State Building opened for all on May 1, 1931. This 443 meter tall building held the honor of being the tallest building of the USA until the World Trade Center was completed in 1973. After the WTC attacks on 09/11/2001, the Empire State Building was temporarily the tallest but in 2014, One World Trade Center opened at a symbolic 1,776 feet.

Choice of Fruit: (may select two); Granny Smith Green Apple, Oranges, Banana, Red Delicious Apple, Baby Carrots, Raisins, Crai- sins, Apple or Orange Juice (when available)	Choice of Milk: 1% Lowfat Milk FF Chocolate Milk FF Strawberry Milk (when available)					
Monday, May 3	Tuesday, May 4	Wednesday, May 5	Thursday, May 6	Friday, May 7		
Chicken Patty Sandwich Hamburger on a bun Deep Dish Pizza Variety of Salads Variety of Bento Boxes PB&J Sandwiches Daily Fruit, Juice & Milk	Spicy Chicken Sandwich Cheeseburger on a bun Deep Dish Pizza Variety of Salads Variety of Bento Boxes PB&J Sandwiches Daily Fruit, Juice & Milk	Cheese or Pepperoni Pizza Tater Tots Daily Fruit, Juice & Milk	Spicy Chicken Sandwich Cheeseburger on a bun Deep Dish Pizza Variety of Salads Variety of Bento Boxes PB&J Sandwiches Daily Fruit, Juice & Milk	Variety of Costco Pizza Variety of Salads Variety of Bento Boxes PB&J Sandwiches Daily Fruit, Juice & Milk		
Monday, May 10	Tuesday, May 11	Wednesday, May 12	Thursday, May 13	Friday, May 14		
Chicken Patty Sandwich Hamburger on a bun Deep Dish Pizza Variety of Salads Variety of Bento Boxes PB&J Sandwiches Daily Fruit, Juice & Milk	Spicy Chicken Sandwich Cheeseburger on a bun Deep Dish Pizza Variety of Salads Variety of Bento Boxes PB&J Sandwiches Daily Fruit, Juice & Milk	Cheese or Pepperoni Pizza Tater Tots Daily Fruit, Juice & Milk	Spicy Chicken Sandwich Cheeseburger on a bun Deep Dish Pizza Variety of Salads Variety of Bento Boxes PB&J Sandwiches Daily Fruit, Juice & Milk	Variety of Costco Pizza Variety of Salads Variety of Bento Boxes PB&J Sandwiches Daily Fruit, Juice & Milk		
Monday, May 17	Tuesday, May 18	Wednesday, May 19	Thursday, May 20	Friday, May 21		
Chicken Patty Sandwich Hamburger on a bun Deep Dish Pizza Variety of Salads Variety of Bento Boxes PB&J Sandwiches Daily Fruit, Juice & Milk	Spicy Chicken Sandwich Cheeseburger on a bun Deep Dish Pizza Variety of Salads Variety of Bento Boxes PB&J Sandwiches Daily Fruit, Juice & Milk	Cheese or Pepperoni Pizza Tater Tots Daily Fruit, Juice & Milk	Last Day of School			
This institution is an equal opportunity provider and employer						
AFUHSD Food Service Department is providing a variety of meal service during the 20/21 SY. <u>Students/Families can only participate in 1 program</u> . RTL 5 day meal box pick-up each Wednesday OR Blue Bird Eats delivery each Wednesday						

May

- National Celiac Disease Awareness Month
- National Foster Care Month
- National Barbecue Month
- National Bike Month Menu subject to change

Fun Facts About May

Some Native American tribes called the May full moon The Full Flower Moon, The Corn Planting Moon or the Milk Moon.

The Anglo Saxon word for May was Tri-Milchi meaning 3 milks because the grass had become so lush and green that you could milk the cows three times a day.

To maintain a youthful appearance and enhance your beauty, wash your face in the dew you collect on the morning of the first of May.

- Marry in May, you'll rue the day.
- Wash a blanket in May, you'll wash a dear one away
- A cold May is kindly and fills the barn finely.
- Mist in May and heat in June makes harvest come right soon.

Once the tallest building in the world and currently the fifth tallest building in the United States, the Empire State Building opened for all on May 1, 1931. This 443 meter tall building held the honor of being the tallest building of the USA until the World Trade Center was completed in 1973. After the WTC attacks on 09/11/2001, the Empire State Building was temporarily the tallest but in 2014, One World Trade Center opened at a symbolic 1,776 feet.

Breakfast Menu for May 2021

Canyon View High School

 Choice of Fruit: (may select two); Granny Smith Green Apple, Oranges, Banana, Red Delicious Apple, Baby Carrots, Raisins, Crai- sins, Apple or Orange Juice (when available) 	Choice of Milk: 1% Lowfat Milk FF Chocolate Milk FF Strawberry Milk (when available)					
Monday, May 3	Tuesday, May 4	Wednesday, May 5	Thursday, May 6	Friday, May 7		
Assorted WG Muffins Daily Fruit, Juice & Milk	Breakfast Burrito Daily Fruit, Juice & Milk	Assorted WG Donuts Daily Fruit, Juice & Milk	Breakfast Burrito Daily Fruit, Juice & Milk	Pancakes w/butter & syrup Daily Fruit, Juice & Milk		
-						
Monday, May 10	Tuesday, May 11	Wednesday, May 12	Thursday, May 13	Friday, May 14		
Assorted WG Muffins Daily Fruit, Juice & Milk	Breakfast Burrito Daily Fruit, Juice & Milk	Assorted WG Donuts Daily Fruit, Juice & Milk	Breakfast Burrito Daily Fruit, Juice & Milk	Pancakes w/butter & syrup Daily Fruit, Juice & Milk		
Monday, May 17	Tuesday, May 18	Wednesday, May 19	Thursday, May 20	Friday, May 21		
Assorted WG Muffins Daily Fruit, Juice & Milk	Breakfast Burrito Daily Fruit, Juice & Milk	Assorted WG Donuts Daily Fruit, Juice & Milk	Last Day of School			
This institution is an equal opportunity provider and employer AFUHSD Food Service Department is providing a variety of meal service during the 20/21 SY. Students/Families can only participate in 1 program. RTL 5 day meal box pick-up each Wednesday OR Blue Bird Eats delivery each Wednesday						

May

- National Celiac Disease Awareness Month
- National Foster Care Month
- National Barbecue Month
- National Bike Month Menu subject to change